

3 ELEMENTS OF A GOOD PRACTICE



Three key elements of a good practice are presented in this vlog: good planning, quality leadership from the coaches and proper feedback offered to athletes.

INTENTIONAL WALK



Pros and cons of the intentional walk are discussed.

INTENTIONAL WALK RULE



This vlog covers the new rule with regards to the intentional walk as well as impact at national championships.

CALLING PITCHES



Pros and cons on the manager calling pitches.

COACHING REQUIREMENTS



This vlog presents requirements with regards to coaches certification at national championships while addressing the various level of certification.

MAKING A DECISION AS A 3RD BASE COACH



This vlog talks about what the 3rd base should consider when deciding to send a runner home or to hold the runner at 3rd.

PITCHING CHANGE



Several factors are considered when a manager decides to remove the pitcher from the game.

EMERGENCY ACTION PLAN



It is very important for the coach to have an emergency action plan during games. Here are the most important elements to consider when building your plan.

DRESS THE CATCHER



With the catcher being the most vulnerable player on the field, it is important the equipment is used adequately. This vlog covers the important elements of the catcher's equipment

HIDDEN HITTER



Find out what the hidden hitter is all about and to learn about strategies to optimize your batting order.

TALENT IDENTIFICATION



Learn more about the necessary skills requirements for athletes to reach the national team.

RUNNER'S INTERFERENCE



While there are several myths around the baseball rules, this one focuses on the runner's interference.

TRIP TO THE MOUND



What are the reasons justifying a trip to the mound by a coach ?

UMPIRE'S INTERFERENCE



While there are several myths around the baseball rules, this one focuses on the umpires' interference.

CLOSE PLAY AT 1ST BASE



This vlog talks about close plays at 1st base and the myth around the advantage to the runner.

PINCH HITTING



This vlog highlights pros and cons on situations when a pinch hitter is considered and/or used.

PLAYING UP



A player can be promoted to another division for a national championship. Learn about the rule surrounding this specific situation.

HANDS ARE PART OF BAT ?



One of the most interesting rules myths in baseball is around the batter being hit in the hands while holding the bat. Are hands part of the bat or not ?

SPEED UP THE GAME



Major League Baseball is trying to find ways to accelerate the pace of the game. Find some options for coaches to apply in games in order to accelerate them.

STATISTICS



Baseball has tons of statistics. What are the role of stats in amateur baseball ?

FOOT TOUCHING HOME PLATE



Several myths exist with the rules of the game. This one talks about the batter, while hitting, touches home plate and declared out... or not.

APPEAL



A frequent myth during an appeal is on procedures. Learn how a proper appeal is executed.

LEGAL CATCH OR NOT



This vlog describes when there is a legal catch or not. Elements around securing the ball and how the ball is removed from the glove are considered.

INFIELD FLY



The infield fly rule always causes problems to coaches and players. Learn why this rule exist and elements to consider.

CHECK SWING



Coaches often have difficulties understanding the rule on a check swing. What is the actual rule ?

OVERTHROWS



The overthrow is a play many people get confused with. What does the rule say ?

OVERRUNNING 1ST BASE



This vlog highlights the scenario when a batter hits the ball and continues to run passed first base. Can the runner be called out while walking back in fair territory ?

